



INTERNATIONAL GASSHUKU

OKINAWAN GOJU-RYU KARATE DO



sensei Tetsuji Nakamura 7th Dan

Chief Instructor IOGKF

sensei Katsuya Yamashiro 7th Dan

Chief Instructor of IOGKF Japan

Poland 21 - 23 March 2014

For additional information please visit www.iogkf-polska.pl

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Dear Instructors !

The Polish Association of Okinawan Goju-ryu Karate Do Polska, together with the Bydgoszcz Club have the honor to invite all the sympathizers of the “Traditional Karate” to a joint training led by IOGKF World Instructor Sensei Tetsuji Nakamura - 7 Dan, and by IOGKF Senior Instructor Sensei Katsuya Yamashiro - 7 Dan, from Japan -
- Okinawa.

Tomasz Siewkowski

A handwritten signature in blue ink, appearing to read 'Siewkowski', written over the printed name.

Senior Instructor
Okinawan Goju-ryu Karate Do in Poland



IOGKF WORLD INSTRUKTOR



Tetsuji Nakamura - 7 Dan

- IOGKF World instruktor,
- Asystem Sensei Morio Higaonna 10 Dan,
- Goju-ryu 7th Dan,
- Judo 2 Dan,
- Over 25 years of martial arts training,
- IOGKF World Champion Irikumi-Go middle weight, 2nd place Kata (Okinawa, 1991),
- IOGKF World Champion Irikumi-Ju middle weight & Kata (USA, 1994).

IOGKF SENIOR INSTRUKTOR



Katsuya Yamashiro - 7 Dan

- Goju-ryu 7th Dan,
- Over 30 years of martial arts training,
- IOGKF Chairman,
- Chief Instructor of IOGKF Japan,
- 1995, 97 Okinawa full contact karate champion,
- 1998 Okinawa Goju Ryu, 2nd place irikumi lightweight division,
- 2003 Okinawa All Style full contact karate champion.

INFORMATION GASSHUKU

1. DATE : 21-23 MARCH 2014

2. PLACE : BYDGOSZCZ

3. SCHEDULE:



Friday		Brown & black belts,	
Dojo	17:30 - 18:45	Grup 1 (N)	Grup 2 (Y)
	18:45 - 20:30	Grup 2 (N)	Grup 1 (Y)

Saturday	9:15 - 10:30	Brown & black belts,	
Dojo	10:30 - 14:15	All Grades	
	14:30 - 16:30	DAN-gradings *	

Sunday	9:15 - 10:30	Brown & black belts,	
Dojo	10:30 - 14:15	All Grades	
	14:30 - 15:00	Group Photo,	

Dojo - Zespół Szkół Mechanicznych no 1, 37 Świętej Trójcy street, Bydgoszcz

* Candidates, please contact your CI whether you are allowed or not to participate the grading according to the new IOGKF DAN - grading regulations. And please have a written permission of your country CI and your written exam ready to display. * CI - Chief Instructor

4. Cost of participation in gasshuku:

IF YOU REGISTER BEFORE 28 FEBRUARY 2014:

- Black belts: 50 euro
- Brown belts: 45 euro
- All Grades: 35 euro

IF YOU REGISTER AFTER 28 FEBRUARY 2014:

- Black belts: 60 euro
- Brown belts: 55 euro
- All Grades: 35 euro

SAYONARA PARTY -SATURDAY - Dinner: - 30 euro
(invitation card is required)

5. Registration

We inform individual persons interested in participation in gasshuku that tickets-badges will be sold one hour before the gasshuku in a ticket office in arena. Sports clubs, centres and associations are asked to fill in the he form and send it to: siewkowski@iogkf-polska.pl. If you have questions regarding gasshuku, please contact Mr Tomasz Siewkowski - Senior instructor Okinawan Goju-ryu in Poland: e-mail: siewkowski@iogkf-polska.pl. www.iogkf-polska.pl

6. ACCOMODATION: not included

The organizer of gasshuku does not provide lodging, but we recommend the following hotels

HOTEL FOCUS				
Adres	ul. Modrzewiowa 1 Bydgoszcz 85-631			
Web.	www.hotelfocus.com.pl			
e-mail	bydgoszcz@hotelfocus.com.pl			
Tel:	tel.+48 52 3401766 fax+48 52 3460096			

HOTEL POMORSKI				
Adres	ul. Fordońska 112 Bydgoszcz 85-739			
Web.	www.hotel-pomorski.pl			
e-mail	pomorski@hotel-pomorski.pl			
Tel:	tel.+48 52 3758545 fax +48 52 3426035			

HOTEL POD ORŁEM				
Adres	ul.Gdańska 14, 85-006 Bydgoszcz			
Web.	www.hotelpodorlem.pl			
e-mail	podorlem@hotelpodorlem.pl			
Tel:	tel.+48 52 5830530			

HOTEL PARK				
Adres	ul. Wrocławska 3 Bydgoszcz 85-211			
Web.	www.parkhotel.bydgoszcz.pl			
e-mail	parkhotel@parkhotel.bydgoszcz.pl			
Tel:	tel.+48 52 3763626 fax+48 52 3763625			



