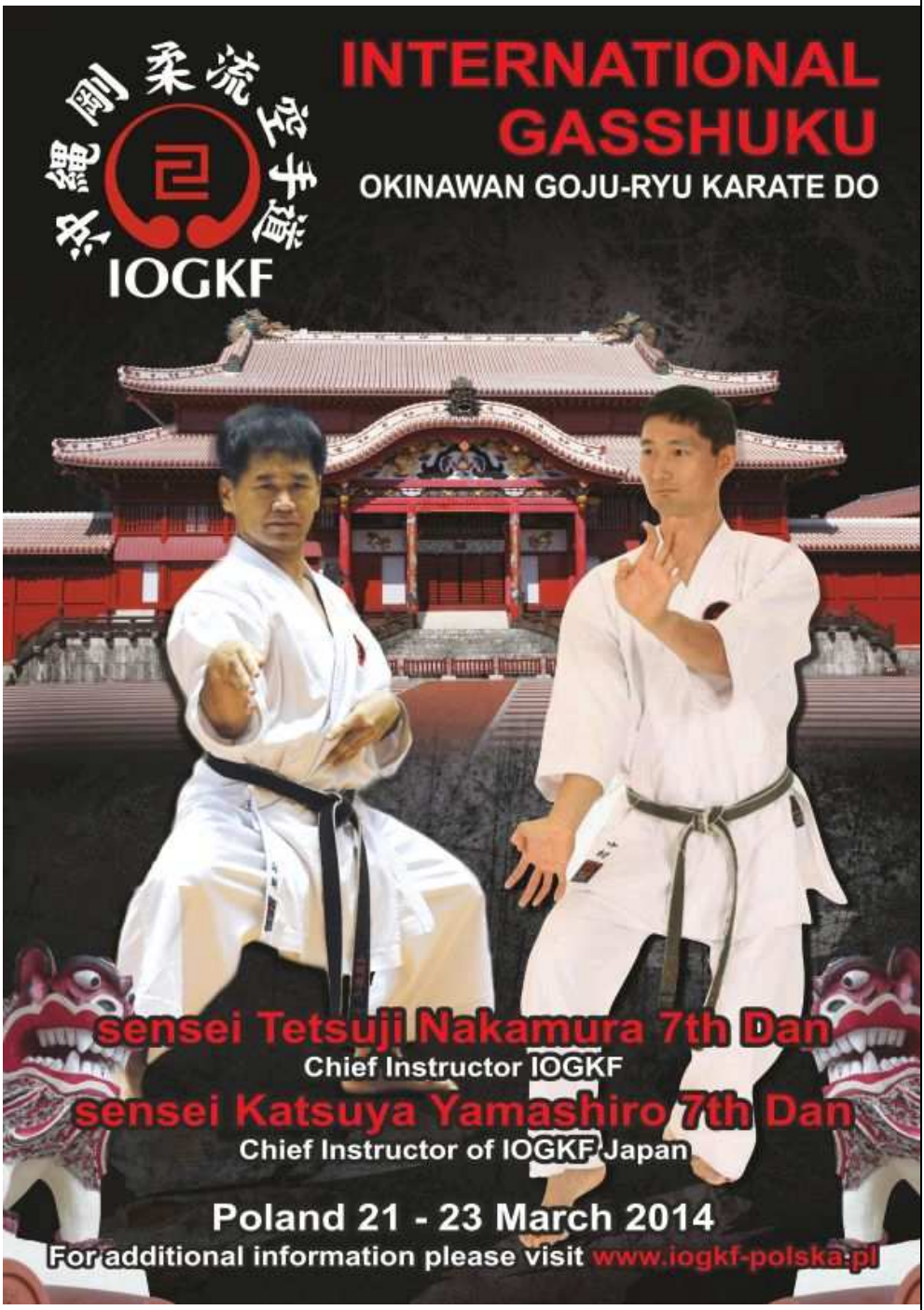
沖縄剛柔流空手道
IOGKF
INTERNATIONAL
GASSHUKU
OKINAWAN GOJU-RYU KARATE DO
sensei Tetsuji Nakamura 7th Dan
Chief Instructor IOGKF
sensei Katsuya Yamashiro 7th Dan
Chief Instructor of IOGKF Japan
Poland 21 - 23 March 2014
For additional information please visit www.iogkf-polska.pl

IOGKF

POLSKA

Dear Instructors !

The Polish Association of Okinawan Goju-ryu Karate Do Polska, together with the Bydgoszcz Club have the honor to invite all the sympathizers of the “Traditional Karate” to a joint training led by IOGKF World Instructor Sensei Tetsuji Nakamura - 7 Dan, and by IOGKF Senior Instructor Sensei Katsuya Yamashiro - 7 Dan, from Japan - – Okinawa.

Tomasz Siewkowski

Senior Instructor
Okinawan Goju-ryu Karate Do in Poland

IOGKF WORLD INSTRUKTOR

Tetsuji Nakamura - 7 Dan

- IOGKF World instruktor,
- Asystent Sensei Morio Higaonna 10 Dan,
- Goju-ryu 7th Dan,
- Judo 2 Dan,
- Over 25 years of martial arts training,
- IOGKF World Champion Irikumi-Go middle weight, 2nd place Kata (Okinawa, 1991),
- IOGKF World Champion Irikumi-Ju middle weight & Kata (USA, 1994).

IOGKF SENIOR INSTRUKTOR

Katsuya Yamashiro - 7 Dan

- Goju-ryu 7th Dan,
- Over 30 years of martial arts training,
- IOGKF Chairman,
- Chief Instructor of IOGKF Japan,
- 1995, 97 Okinawa full contact karate champion,
- 1998 Okinawa Goju Ryu, 2nd place irikumi lightweight division,
- 2003 Okinawa All Style full contact karate champion.

INRORMATION GASSHUKU

1. **DATE : 21-23 MARCH 2014**
2. **PLACE : BYDGOSZCZ**
3. **SCHEDULE:**

Friday		Brown & black belts,	
Dojo	17:30 - 18:45	Grup 1 (N)	Grup 2 (Y)
	18:45 - 20:30	Grup 2 (N)	Grup 1 (Y)

Saturday	9:15 - 10:30	Brown & black belts,
Dojo	10:30 - 14:15	All Grades
	14:30 - 16:30	DAN-gradings *

Sunday	9:15 - 10:30	Brown & black belts,
Dojo	10:30 - 14:15	All Grades
	14:30 - 15:00	Group Photo,

Dojo - Zespół Szkół Mechanicznych no 1, 37 Świętej Trójcy street, Bydgoszcz

* Candidates, please contact your CI wether your are allowed or not to participate the grading according to the new IOGKF DAN - grading regulations. And please have a written permission of your country CI and your written exam ready to display. * CI - Chief Instructor

4. Cost of participation in gasshuku:

IF YOU REGISTER BEFORE 28 FEBRUARY 2014:

- Black belts: 50 euro
- Brown belts: 45 euro
- All Grades: 35 euro

IF YOU REGISTER AFTER 28 FEBRUARY 2014:

- Black belts: 60 euro
- Brown belts: 55 euro
- All Grades: 35 euro

SAYONARA PARTY -SATURDAY - Dinner: - 30 euro
(invitation card is required)

5. Registration

We inform individual persons interested in participation in gasshuku that tickets-badges will be sold one hour before the gasshuku in a ticket office in arena. Sports clubs, centres and associations are asked to fill in the he form and send it to: siewkowski@iogkf-polska.pl. If you have questions regarding gasshuku, please contact Mr Tomasz Siewkowski - Senior instructor Okinawan Goju-ryu in Poland: e-mail: siewkowski@iogkf-polska.pl. www.iogkf-polska.pl

6. ACCOMODATION: not included

The organizer of gasshuku does not provide lodging, but we recommend the following hotels

HOTEL FOCUS	
Adres	ul. Modrzewiowa 1 Bydgoszcz 85-631
Web.	www.hotelfocus.com.pl
e-mail	bydgoszcz@hotelfocus.com.pl
Tel:	tel.+48 52 3401766 fax+48 52 3460096

HOTEL POMORSKI	
Adres	ul. Fordońska 112 Bydgoszcz 85-739
Web.	www.hotel-pomorski.pl
e-mail	pomorski@hotel-pomorski.pl
Tel:	tel.+48 52 3758545 fax +48 52 3426035

HOTEL POD ORŁEM	
Adres	ul.Gdańska 14, 85-006 Bydgoszcz
Web.	www.hotelpodorlem.pl
e-mail	podorlem@hotelpodorlem.pl
Tel:	tel.+48 52 5830530

HOTEL PARK	
Adres	ul. Wrocławska 3 Bydgoszcz 85-211
Web.	www.parkhotel.bydgoszcz.pl
e-mail	parkhotel@parkhotel.bydgoszcz.pl
Tel:	tel.+48 52 3763626 fax+48 52 3763625

REGISTRATION FORM GASSHUKU POLAND

Name of sports clubs: .....

Name of instructor: .....

Registration please sent in to e-mail: siewkowski@iogkf-polska.pl

Personal Data:

No	Name	Surname	Cost of participation in gasshuku:					Sayonara party
			60 euro	55 euro	50 euro	45 euro	35 euro	30 euro
1.								
2.								
3.								
4.								
5.								
6.								