



International Okinawa Goju Ryu Karate-Do Federation New Zealand

## Kids Karate Camp Wellington



沖繩  
剛柔流

Dear Parents and Caregivers,

We invite all junior karate-ka for an action-packed afternoon of karate activities.

We will focus on kata and kata applications, self defence, tagging/kumite, an introduction to pad work and lots of other exciting karate activities.

Participants will learn new skills from senior instructors, have some fun, meet new people and the afternoon will conclude with a sausage sizzle.

Date: Sunday 31<sup>st</sup> August 2014

Time: 12.00 pm – 4.00 pm

Place: Karori Recreation Centre  
251 Karori Rd, Karori, Wellington

Fees: \$10 per child or \$15 per family  
Fees must be paid prior at your dojo

Bring: Gi, belt, water bottle, mouth guard and packed afternoon tea.

RSVP: To your instructor by 15<sup>th</sup> August 2014.