

Have fun, learn and be inspired

For ages between 5yrs-16yrs



CONTACT DETAILS

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CAMP FORMAT

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2014 IOGKFNZ Youth Gasshuku **November 15th** @ 10:00 am

Venue: 281 Sandwich Rd. Pukete (Waikato Rembuden Dojo)

ONLY 50 SPACES AVAILABLE

WHAT TO BRING

Karate Uniform (or two)
Spare change of clothes
Snack food & Drink Bottles

Shoes suitable for running Hand mitts, mouth guard

hat & sunblock

CAMP TRAINING FORMAT

SATURDAY 15th

10.00 Training
12.00 Lunch (Sausage Sizzle)

1.00 Training Stations

2.30 Afternoon tea

3.00 Training Stations

4.15 Training Stations

5.30 Presentation & Photos

Signature of receiving official

FEE SCHEDULE:

Saturday Training

Parent's signature:

\$28

NAME:				
AGE:	GRADE:	DOJO:		
INSTRUCTOR		HOME PHONE:		
Emergency Contact:			Ph:	
Saturday Training \$2	8			

Payment may be made by direct credit to ANZ 01 0370 0131913 00 WAIKATO GOJU RYU Imporant please use childs surname & Dojo as reference when making payment.